

# CAPECO

Community Action Program of East Central Oregon

Serving Umatilla, Morrow, Gilliam, Wheeler, Sherman, Wasco, and Hood River Counties

July 2023

# CAPECO office locations

 [www.capeco-works.org](http://www.capeco-works.org)

## ▶ Pendleton (Main) Office:



- ▶ 211 SE Byers Ave. (*New location as of April 1<sup>st</sup>*)
- ▶ P: 541-276-1926
- ▶ F: 541-276-7541

## ▶ Hermiston Office:



- ▶ 1565 North 1<sup>st</sup> Street, Suite 1
- ▶ P: 541-289-7755
- ▶ F: 541-289-7757

## ▶ The Dalles Office:



- ▶ 3641 Klindt Drive
- ▶ P: 541-298-4114

## ▶ Pendleton Warehouse:

- ▶ 1605 NW 50<sup>th</sup> Street
- ▶ P: 541-276-5073
- ▶ F: 541-966-2074

## ▶ The Promise Inn, Pendleton:



- ▶ 205 SE Dorian Ave
- ▶ P: 541-240-7420

# CAPECO's programs include:

- ▶ **Area Agency on Aging:** Umatilla, Morrow, Gilliam, Wheeler, Sherman, Wasco, Hood River
- ▶ **Services for Independence:** Umatilla, Morrow, Gilliam, Wheeler, Sherman, Wasco, Hood River, Union, Wallowa, Grant, Baker, Harney, and Malheur
- ▶ **Food & Nutrition:** Umatilla, Morrow, Gilliam, Wheeler
- ▶ **Housing & Homeownership:** Umatilla, Morrow, Gilliam, Wheeler
- ▶ **Energy:** Umatilla, Morrow, Gilliam, Wheeler
- ▶ **Weatherization:** Umatilla, Morrow, Gilliam, Wheeler
- ▶ **Youth Programs:** Umatilla and Morrow

# Area Agency on Aging

CAPECO serves as the Area Agency on Aging (AAA) for 7 counties, responsible for the administration of Older Americans Act programming, supporting older adults, people with disabilities, and caregivers in helping people to live independently at home

# Family Caregiver Support Program

- ▶ Support for unpaid family caregivers, including:
  - ▶ People caring for older adult family members
  - ▶ Older adults who are caring for an adult child with a disability
  - ▶ Older Relative Adults raising children under 18
- ▶ Service options include:
  - ▶ Caregiver case management
  - ▶ Caregiver respite
  - ▶ Referrals to support groups
  - ▶ Caregiver training
  - ▶ Supplemental services

# Aging and Disability Resource Connection (ADRC)

- ▶ The ADRC offers information and referral services for older adults, people with disabilities, family members, and community members throughout the state of Oregon
- ▶ Trained Options Counselors assist older adults and family members in exploring long term care options and help participants to pursue services that allow them to achieve long term care goals
- ▶ [www.adrcoforegon.org](http://www.adrcoforegon.org)
- ▶ 1-855-ORE-ADRC (1-855-673-2372)

# Oregon Project Independence (OPI)

- ▶ An in-home care program with care provided by certified caregivers
- ▶ Promotes independent living for people who might otherwise not be able to remain safely in their own homes
- ▶ Assistance is based on each person's needs and may include help with activities like bathing, dressing, cooking, shopping, and cleaning
- ▶ Separate programs for people 60+, people with disabilities ages 19-59, and Veterans

# Senior Nutrition Programs

## ▶ Congregate Meals

- ▶ Various communities offer nutritious meals in a group setting for people age 60+ and their spouses (regardless of age)
- ▶ Meal sites are located throughout Gilliam, Hood River, Morrow, Sherman, Umatilla, Wasco, and Wheeler counties

## ▶ Home Delivered Meals

- ▶ People 60+ who are home-bound by reason of illness, incapacitating disability, or otherwise isolated may be eligible to receive home delivered meals
- ▶ Meal delivery includes a friendly visit and informal wellness check
- ▶ Meals are available throughout Hood River, Morrow, Sherman, Umatilla, and Wasco counties, with varying delivery times and days



# Other Older Americans Act Services

- ▶ Additional services/supports available for older adults and people with disabilities, including:
  - ▶ Reassurance calls
  - ▶ Home modifications/adaptive equipment
  - ▶ Health promotion and wellness education
  - ▶ Referrals to legal aid services
  - ▶ Elder abuse awareness
  - ▶ Technology to reduce isolation and loneliness



[www.joyforall.com](http://www.joyforall.com) companion pets



# Services for Independence

Services for Independence programs support older adults and people with disabilities maintain independence.

Money Management/Representative Payee services are provided in twelve counties

# Money Management Services

- ▶ CAPECO's money management program provides Representative Payee services to help people maintain independence, obtain financial security, and prevent financial abuse
- ▶ This program is certified and approved by the Social Security Administration & the Veterans Administration

# Food and Nutrition Services

CAPECO is the regional food bank serving Umatilla, Morrow, Gilliam, and Wheeler counties



# Produce Distribution & Supplemental Food Assistance

- ▶ Fresh produce is distributed in various communities throughout Umatilla, Morrow, Gilliam, and Wheeler counties, giving income-eligible community members access to healthy and nutritious produce at no cost
- ▶ Supplemental food is available through a network of food pantries at various locations for people and families who are in immediate need of food

# Housing and Homeownership Services

Serving people in Gilliam, Morrow, Umatilla, and Wheeler counties

# Coordinated Entry (CE)

- ▶ Purpose is to guide households experiencing a housing crisis through the system by providing access to the most appropriate housing through a standardized assessment, prioritization, and referral process
- ▶ It builds a centralized list of people in our community who need housing assistance to ensure that those who need services the most receive them first
- ▶ Those on the list will be contact by highest to lowest score when there is program availability
  - ▶ CE is the first step for those who want to access the rent subsidy program and the Promise Inn



# Rent Subsidy Program

- ▶ Provides rental assistance for people who are experiencing homelessness
- ▶ This program is designed to assist households with their rent while working on specific goals that are meant to increase the household's self-sufficiency

# Oregon Eviction Diversion and Prevention Program (ORE-DAP)

- ▶ The ORE-DAP program provides rental assistance to households facing immediate eviction
  - ▶ Assistance is provided to help households pay back rent in order to avoid eviction
  - ▶ Submit an online application to determine eligibility, including required supporting documentation (listed on CAPECO website)

# RentWell

- ▶ Learn to be a successful Renter.
- ▶ Upon completion of the 15-hour course, graduates can apply for and be eligible for a Landlord Incentive fund called The Rent Guarantee Program of Oregon. If eligible, the Rent Guarantee Program can pay up to \$5,000 beyond the amount of the security deposit to the Landlord upon eligibility and prior to move-in. If the Landlord and renter register for the program the guarantee covers certain costs if the tenant vacates a rental within the first year of tenancy.
- ▶ This course can be beneficial for anyone wanting to know more about their rights and responsibilities as renters.

# Financial Literacy Education & Counseling

- ▶ Financial Literacy workshop and counseling sessions focus on the critical skills, knowledge, and confidence to manage money wisely with and overall goal of debt reduction and/or elimination.
- ▶ Workshops will include:
  - ▶ Budget and Money Management
  - ▶ Debt elimination and Credit building tools
  - ▶ Savings Programs
  - ▶ Potential Home buying or Maintaining current lifestyle
- ▶ One-on-one counseling sessions are available once a Financial Literacy workshop is completed.

# Homeownership Education & Counseling

- ▶ Homebuyer workshops and pre-purchase counseling includes assessing a borrower's readiness to purchase a home, the process of obtaining a mortgage loan, the costs and responsibilities associated with maintaining a home, and basic budgeting and credit assistance.
- ▶ Potential buyer will learn:
  - ▶ If you are ready to pursue homeownership and what the process entails
  - ▶ Money management and how to improve your credit
  - ▶ Types of mortgage loans
  - ▶ Fair Housing and so much more
- ▶ One-on-one counseling sessions are available once a Homebuyer workshop has been completed.

# Down Payment Assistance (DPA)

- ▶ The CAPECO DPA program provides \$10,000 for Down Payment/Closing Costs
- ▶ Home buyers must meet the following:
  - ▶ First time homebuyer
  - ▶ Complete homebuyer education
  - ▶ Participate in homebuyer counseling
  - ▶ Complete financial education course
  - ▶ Able to qualify for a standard mortgage loan
  - ▶ Purchase real property within CAPECO's service area
  - ▶ Be income eligible

# Default/Foreclosure Counseling

- ▶ Designed for homeowners who are behind on mortgage payments and need assistance with their lender
  - ▶ Activities can include:
    - ▶ Budgeting and credit counseling
    - ▶ Debt restructuring
    - ▶ Reinstatement options
    - ▶ Foreclosure prevention and explaining the foreclosure process
    - ▶ Referrals to other sources
    - ▶ Help to locate alternative housing as needed.

# Homeowner Assistance Fund (HAF)

- ▶ HAF helps eligible homeowners avoid mortgage foreclosures and displacement by curing delinquencies and defaults. Homeowners can receive assistance through a Past-Due Payment Relief program and/or an Ongoing Payment Relief program.
- ▶ Oregon Housing and Community Services (OHCS) is closing the Oregon Homeowner Assistance Fund (HAF) program to most new applicants to avoid overcommitting funds. The application portal will close at noon December 20<sup>th</sup> 2024.
  - ▶ Homeowners who are in active foreclosure may still be able to apply through a housing counselor.



# Promise Inn

- ▶ Homeless shelter in Pendleton, opened April 1, 2021
- ▶ Currently offering short-term stays
- ▶ When at full capacity, will have 32 rooms, including 2 that meet ADA accessibility standards



# Energy and Weatherization Services

Available for households in Umatilla, Morrow, Gilliam, and Wheeler counties

# Low-Income Home Energy Assistance Program (LIHEAP)

- ▶ LIHEAP and other energy assistance programs are available to assist income-eligible households with energy costs, including help with:
  - ▶ Electricity
  - ▶ Natural gas
  - ▶ Propane
  - Wood
  - Furnace Oil
  - Pellets
- ▶ In most cases, a payment is issued directly to the participant's energy vendor to help offset the high cost of energy during the heating season (when there is not a utility vendor or the client purchases wood or pellets in bulk, the payment is issued to the client directly)
- ▶ LIHEAP season begins 10/1
- ▶ Applications are available online in English and Spanish

# Low-Income Household Water Assistance (LIWAH)

- ▶ LIWAH is available to help eligible households pay their water and wastewater (sewer) bills
- ▶ Payments are issued directly to the owners and operators of water and wastewater utilities
- ▶ Visit the CAPECO website for a list of participating cities and for application information

# Home Energy Education

- ▶ Energy Educators provide public workshops and in-home services, including education on conserving energy and modifying consumption
- ▶ Basic weatherization materials may also be provided/installed, including (but not limited to):
  - ▶ Plastic window cover kits
  - ▶ A low-flow shower head
  - ▶ Sink aerators
  - ▶ Door sweeps
  - ▶ Outlet seals
  - Weather stripping
  - Furnace filters
  - Smoke detectors
  - CO2 detectors

# Weatherization

- ▶ The Weatherization program is designed to improve energy efficiency of homes and is available to income eligible homeowners and renters upon landlord's approval
- ▶ The qualified auditors utilize diagnostic equipment to determine air filtration, negative and positive pressure, duct leakage, CO-emissions and determines cost-effective measures such as insulation installation and air sealing

# Youth Programs

Services offered in Umatilla and Morrow counties

# Independent Living Program

- ▶ Referrals come from Department of Human Services Case Workers
- ▶ Participants are 14-23 years of age
- ▶ Youth are assisted in creating a life plan to help them become independent, productive citizens



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